



DELTA DENTAL OF MINNESOTA



Making a Healthy Difference Through Service

2010 Serve-a-Smile Winners

Organization & Contact	Location	Project Name & Description
Ada-Borup FCCLA Ms Barb Spilde Brittney Wilkens	Ada	Check In, Check Out, Get Educated. Youth will purchase 12 health related resource books for the school Media Center and will use these resources to provide presentations to 7th grade health classes.
Augsburg Fairview Academy Ms. Lora Grabau Josh Arcoren	Minneapolis	Every Little Bit Counts. Youth will take part in a seminar on civic engagement and healthy living. Participants will create a mural that will be based on their learning and will be displayed on Global Youth Service day at the Mall of America.
Big Brothers Big Sisters of the Greater Twin Cities Kimberlee Sinclair Trevor Anderson and Arthur Stephen	St. Paul	Cleaner and Greener Minneapolis Project. Youth will conduct two service projects involving community revitalization on the Midtown Greenway Bicycle path and a three community gardens where the food that is grown will be donated to local food shelves.
CGB FCCLA Ms Jill Doschadis Amy Wolff	Graceville	Healthy Snacks - Healthy Body, You Can Do It! Youth will teach 4th grade students about healthy snacks, good nutrition, how to properly brush their teeth and the connection between healthy eating and healthy teeth.
CGB FCCLA Ms Jill Doschadis Jacqueline Backer	Graceville	Smoking: The Horrible, Addicting Habit. Youth peer groups will educate other peers on the risks and effects of smoking.
City-Wide Resident Council Ms Elizabeth Vanoort Deon Houskin	St. Paul	Healthy Living & Your Family Health Fair. In partnership with the Duet Clinic, youth will host a community fair on healthy eating, dental health, exercise, and parenting skills targeting the Roosevelt Public Housing community.
City-Wide Resident Council Ms Elizabeth Vanoort Phong Thao	St. Paul	Fellowship with Flowers. Youth from St. Paul Public housing and Youth connections will decorate garden pots, fill them with flowers and deliver them to neighborhood residents in the have been identified by the Public Housing Agency.
City-Wide Resident Council Ms Laura O'Leary	St. Paul	Cultural Health Block Party. Youth will host a Cultural Health Block Party that will explore games, music and traditions from the cultures represented in their community. Residents will also share ethnic recipes that will be featured in a neighborhood cookbook and distributed at the Block Party.
Crosswinds Arts and Sciences School S.O.A.R. Program Mai Chong Vue Geoffrey Sargent, Amanda Timm and Maella Christian	Woodbury	Make it Healthy! Playstations for Art. Middle school students will host a service learning forum for elementary students to learn about making healthy choices using various art forms.



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Faribault Youth Services Center/So How Are the Children (SHAC) Ms Carolyn Treadway Maria DelaCruz	Faribault	Healthy Habits Garage Sale. Youth will conduct a health unit for Somali and Sudanese refugees which will include a planting a community garden and nutritional information.
Fergus Falls Public School Ms Katie Gard Jasmine Rocholl	Fergus Falls	Dental Hygiene Kit Assembly. Youth will assemble, educate and distribute dental health kits to 350 families in Ottertail County through a local food shelf distribution.
Fulda FCCLA Ms Marcine Elder Michelle Hart and Hunter Ouellette	Fulda	Walk Your Way to Fitness. Youth groups will host a fitness challenge program in an effort to encourage youth physical fitness with a goal to reach 10,000 steps per day.
Funky Minds Non-Profit, Carver Minnesota Ms Anna Edlund Katy Fiedler	Fulda	Eat. Talk. Connect! Growing Community through Gardening and Shared Meals. Youth will plant a community garden to serve a catalyst to encourage healthy eating, community dinners and fellowship.
Ginew/Golden Eagle Program Minneapolis American Indian Center Ms Lindsey Fenner Adriana Sam	Minneapolis	Ginew/Golden Eagle Prairie Garden. Youth will plan and install a native prairie garden at the Minneapolis American Indian Center and learn about environmental health issues facing urban youth. Youth will also learn about participate in a community fair and will share what they have learned about environment and health issues.
Ginew/Golden Eagle Program Minneapolis American Indian Center Mr. Jason Kaasovic Adriana Sam	Minneapolis	Ginew/Golden Eagle Edible Garden. Youth will plan and plant a food garden using existing planters at the Minneapolis American Indian Center. Youth will also participate in nutrition and cooking classes using the food grown from their garden.
Goodhue FCCLA Ms Sandy LaGosh Analise Dressen	Goodhue	Covering Our Communities with Service. Youth will develop a healthy eating educational program to share with other FCCLA youth. Modules will also be posted on the FCCLA website.
Goodhue FCCLA Ms Sandy LaGosh Aubrey Dressen	Goodhue	Bags of Basics. Youth will organize a week long health training to kindergarten through 6th grade students. Youth will also make health bags to donate to the local women's shelter.
Grant Community School Collaborative Brittany Shanoff	Duluth	Healthy Habits, Healthy World Garage Sale. Youth will hold a neighborhood garage sale in support of Global Youth Service Day. Proceeds will be donated to Haiti Disaster Relief.



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Johnson Elementary School Ms Kari Haugrud Daynasha Chatman	St. Paul	Project Dream. Youth will make 20 handmade fleece blankets and inspirational cards for a local homeless shelter.
Kasson-Mantorville FCCLA Ms Michelle Lindquist Hannah Buchl	Kasson	Health Train. Youth will educate elementary students on the importance of a healthy diet and being physically active.
Litchfield High School Ms Julie Rick Skylar Borchardt	Litchfield	Healthy Kids, Healthy Smiles. Youth will educate preschool children and their parents from a local day care center about healthy teeth.
Litchfield Middle FCCLA Ms Julie Rick Olivia Wicklund	Litchfield	Brushing Up on Personal Care. Youth will assemble personal health kits and participate in local food shelf drive.
Minnesota Internship Center Ms Samone Derks Aaron Loyd	Minneapolis	The Healthy North Image Project. Youth will take part in a seminar on civic engagement, violence prevention program and healthy living. Participants will create a mural on school grounds that will be based on their learning. Youth will also assemble hygiene kits for local Montessori preschool.
MN FCCLA, East Grand Forks Ms Diana Ranten Kaylen Larson	East Grand Forks	Spring Into Action! Youth will lead an educational project for elementary students on physical fitness and making healthy choices.
Northfield Union of Youth Ms Rachel Woldum Josh Wood	Northfield	Northfield Union of Youth Gardens. Youth will educate youth on healthy eating habits and prepare and plant a garden plot with organic vegetables and flowers.
Orono Healthy Youth Ms Melanie DeLuca Laura Iverson	Orono	Youth Service in Orono. Youth will organize and participate in a service project onsite at the school campus. Students will remove buckthorn (an invasive species) and learn about the environmental effects of invasive plants.
Ortonville High School Ms Peggy Duffield Abby Weber	Ortonville	Smile Big and Healthy. Youth will conduct a dental health program for kindergarten and first grade classrooms that will include proper dental health instruction and establishing good dental health habits.
Pine Island FCCLA Anglea Bartlewski Zach Warfel	Pine Island	Healthy Choices: STOP GO THINK. Teen teachers will educate 12 classrooms of grades 2-4 on nutrition and healthy habits focusing on efforts to reduce obesity and dental health problems.
Prairie Seeds Academy Ms Elaine Lor	Golden Valley	Healthy Habits. Youth will educate students at Prairie Seeds Academy on importance of eating well, exercising and dental health through skits and other educational forums.



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Red Rock Central FCCLA Ms Paula Derickson Taylor Vollmer	Lamberton	Brushing Up for Your Future. Youth will provide dental health education to four preschool classrooms teaching healthy dental habits and nutrition.
RTR Junior and Senior FCCLA Ms Tammy Borman	Tyler	Eat Wise. Youth will provide education and awareness program on diabetes and food allergies and the effect of these conditions on health.
Spring Lake Park High School FCCLA Ms Lori Henry Morgan Croft	Spring Lake Park	Little Red Riding Hood and The Missing Tooth Adventure. Youth will educate after-school program participants about importance of proper dental care and good nutrition through theme of " <i>Little Red Riding Hood and the Missing Tooth Adventure</i> ". Participants receive tooth brush and tooth paste.
U of M Extension – Moorhead Ms Angie Perreault Shayla Rau	Moorhead	Healthy Foods Making Healthy Friends. Youth will provide nutrition education to elderly in a local nursing home helping the students build leadership and communication skills. Students will also prepare a nutritious meal with the seniors.
Waconia Senior High FCCLA Ms Sue Moody Hartwig David Niaz	Waconia	Healthy Foods Making Healthy Friends. Youth will provide education to preschool students on how to properly brush teeth and create healthy habits. Youth will learn leadership and communication skills.
West Central Area Schools Ms Mary Knabe Ashton Hagen	Barret	Fun With Fruit. Youth will teach elementary students about the role of fruit in a healthy diet and how to care for their teeth in an effort to teach the students about making healthy choices and reduce obesity.
Wise Charter School Molly Wasgatt	Minneapolis	Healthy Community by Design. Youth will take part in a seminar on civic engagement & community improvement and healthy living. Participants will create a mural that will be based on their learning. Mural will be unveiled at school and community-wide celebration.
Wheaton FCCLA Ms Jane Oachs Lucas Koch	Wheaton	Tooth Talk. Youth will provide dental health education to 2nd and 3rd graders at elementary school including how to properly brush and why it is important to overall health.
Herman- Norcross FCCLA Ms Jane Oachs Evan Ellison	Herman	Tag You're It. Youth will make 50 specialized "TAG" blankets to provide to children who are hospitalized at Gillette's Children's hospital.